

CREATE-YOUR-OWN CHOPPED SALAD

NAME: _____ Dine-In Take Out

CHOOSE YOUR SIZE: Medium | 12 Large | 14

HOW DO YOU LIKE IT? Chopped Not Chopped

CHOOSE YOUR GREENS: Choose 1

Main Course Mix Hearts of Romaine

CHOOSE YOUR PROTEIN: Choose 1 [+4 / additional protein]

Blackened Chicken Tofu Smoked Turkey
 Grilled Chicken Roasted Seitan Shrimp [+1]
 Curried Chicken Salad [+1] Hanger Steak [+5] Salmon [+5]

ACCOMPANIMENTS: Choose 4 [+5 / additional item]

Apples Sunflower Seeds Radishes
 Bacon [+5] Candied Walnuts Red Onions
 Beets Carrots Pepitas (Pumpkin Seeds)
 Black Beans Chickpeas Artichoke Hearts
 Broccoli Cucumber Avocado [+5]
 Flax Seeds Mushrooms Hard Boiled Egg
 Dried Cranberries Kalamata Olives Tomatoes

ADD CHEESE: Choose 1

Bleu Cheese Feta Grated Parmesan

TOPPINGS: Choose 2 [+5 / additional item]

Alfalfa Sprouts Croutons Crispy Tortillas
 Crispy Noodles Tobacco Onions

DRESSINGS: Choose 1

Toasted Walnut Citrus Roasted Grape
 Balsamic Caesar Carrot-Ginger