



GLOBALLY INSPIRED.  
SEASONALLY DRIVEN.  
LOCALLY SOURCED.

# CREATE-YOUR-OWN CHOPPED SALAD

**NAME:** \_\_\_\_\_  Dine-In  Take Out

**CHOOSE YOUR SIZE:**  Medium | 11  Large | 13

**HOW DO YOU LIKE IT?**  Chopped  Not Chopped

---

**CHOOSE YOUR GREENS:** *Choose 1*

Main Course Mix  Hearts of Romaine

---

**CHOOSE YOUR PROTEIN:** *Choose 1 [+4 / additional protein]*

Blackened Chicken  Tofu  Smoked Turkey  
 Grilled Chicken  Roasted Seitan  Shrimp [+1]  
 Curried Chicken Salad [+1]  Hanger Steak [+3]  Salmon [+5]

---

**ACCOMPANIMENTS:** *Choose 4 [+5 / additional item]*

Apples  Sunflower Seeds  Radishes  
 Bacon [+5]  Candied Walnuts  Red Onions  
 Beets  Carrots  Pepitas (Pumpkin Seeds)  
 Black Beans  Chickpeas  Artichoke Hearts  
 Broccoli  Cucumber  Avocado [+5]  
 Flax Seeds  Mushrooms  Hard Boiled Egg  
 Dried Cranberries  Kalamata Olives  Tomatoes

---

**ADD CHEESE:** *Choose 1*

Bleu Cheese  Feta  Grated Parmesan

---

**TOPPINGS:** *Choose 2 [+5 / additional item]*

Alfalfa Sprouts  Croutons  Crispy Tortillas  
 Crispy Noodles  Tobacco Onions

---

**DRESSINGS:** *Choose 1*

Toasted Walnut  Citrus  Roasted Grape  
 Balsamic  Caesar  Carrot-Ginger