CREATE-YOUR-OWN

CHOPPED SALAD

NAME: _____ ☐ Dine-In ☐ Take Out

CHOOSE YOUR SIZE: ☐ Medium | 14 ☐ Large | 16

HOW DO YOU LIKE IT? ☐ Chopped ☐ Not Chopped

CHOOSE YOUR GREENS: *Choose 1*

☐ Main Course Mix ☐ Hearts of Romaine

CHOOSE YOUR PROTEIN: *Choose 1 [+4 / additional protein]*

☐ Blackened Chicken ☐ Tofu ☐ Smoked Turkey
☐ Grilled Chicken ☐ Roasted Seitan ☐ Shrimp [+1]
☐ Curried Chicken Salad [+1] ☐ Hanger Steak [+5] ☐ Salmon [+5]

ACCOMPANIMENTS: *Choose 4 [+.5 / additional item]*

☐ Apples
☐ Bacon [+.5]
☐ Beets
☐ Black Beans
☐ Broccoli
☐ Flax Seeds
☐ Dried Cranberries
☐ Sunflower Seeds
☐ Candied Walnuts
☐ Carrots
☐ Chickpeas
☐ Cucumber
☐ Mushrooms
☐ Kalamata Olives
☐ Radishes
☐ Red Onions
☐ Pepitas (Pumpkin Seeds)
☐ Artichoke Hearts
☐ Avocado [+.5]
☐ Hard Boiled Egg
☐ Tomatoes

ADD CHEESE: *Choose 1*

☐ Bleu Cheese ☐ Feta ☐ Grated Parmesan

TOPPINGS: *Choose 2 [+.5 / additional item]*

☐ Alfalfa Sprouts ☐ Croutons ☐ Crispy Tortillas
☐ Crispy Noodles ☐ Tobacco Onions

DRESSINGS: *Choose 1 [Bottled dressings available for $7.95]*

☐ Toasted Walnut ☐ Citrus ☐ Roasted Grape
☐ Balsamic ☐ Caesar ☐ Carrot-Ginger